

# COLCHESTER YOUTH LACROSSE VOLUNTEER HEAD COACH



### **Description**

Coach and supervise youth in Colchester Youth Lacrosse program teaching fundamentals, sportsmanship and rules of the game. Will be supervised and work closely with the Program Coordinator.

#### **Essential Functions**

- Teach and encourage the development of lacrosse fundamentals/skills during practices and games.
- Teaches sportsmanship to all players and team.
- Maintains self control and exhibits good sportsmanship conduct towards officials, players and opposing players and coaches.
- Follow Coaches Code of Ethics (below).
- Teach knowledge and respect for the rules of the game.
- Prepare organized practice plans for each practice, with input from Assistant Coaches.
- Responsible in providing Assistant Coaches guidance, duties and specific game time roles.
- Organize playing time for ALL players.
- Attend Northern Vermont Youth Lacrosse League game scheduling meeting.
- Maintains team and individual discipline.
- Responsible for set-up and clean-up of lacrosse field/space during practices and games.
- Responsible for assigned equipment and First Aid kit.
- Responsible for individual team phone calls/notification when necessary.

### **Qualifications**

Must obtain a US Lacrosse Level 1 Certification, including PCA and completion of a Background Check.

### **Physical Demands**

Volunteer will be physically active in an outside environment with varying weather conditions.

Please visit http://colchestervt.gov/348/Youth-Lacrosse for current season dates.

## **COACHES CODE OF ETHICS**

I hereby pledge to provide positive coaching, support and encouragement to all youth participating in Colchester Youth Lacrosse Team by following this Coaches Code of Ethics.

- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, officials and spectators.
- I will place the emotional and physical well being of youth on my team ahead of my desire to win.
- I will ensure that players play in a safe and healthy environment.
- I will support other coaches, officials and league administrators, in order to encourage an enjoyable experience for all.
- I will demand a sports environment that is free from drugs, tobacco and alcohol.
- I will remember that the game is for our youth, not adults.
- I will provide playing time for all members of my team.
- I will do my very best to make lacrosse fun for our participants.
- I will treat other coaches, players, spectators and officials with respect.
- I will follow the US Lacrosse standards to the best of my ability.